



AREA 4: WASTE MANAGEMENT

Questions/statements related to the area						
No.	Question/statement	Always	Often	Rarely	Never	N/A
For individuals						
1.	Do you actively separate your recyclable waste from non-recyclable waste at home?					
2.	How often do you choose to use reusable products instead of disposable ones?					
3.	Do you compost organic waste such as food scraps and yard trimmings?					
4.	Have you ever participated in community clean-up events or volunteered for environmental initiatives?					
5.	Do you avoid excessive packaging when making purchases, such as choosing products with minimal packaging or buying in bulk?					
6.	Are you conscious of reducing food waste by planning meals, using leftovers, or donating excess food?					
7.	Have you switched to energy-efficient appliances and light bulbs to reduce energy consumption and waste?					
8.	It's easy for me to identify which waste belongs to which category (recyclable, unsorted, organic, etc.)?					
9.	Are you familiar with the hazardous waste disposal guidelines in your area, and do you follow them?					
10.	Do you practice water conservation methods at home, such as fixing leaks, using low-flow fixtures, or collecting rainwater?					
11.	Have you taken steps to reduce your reliance on single-use plastics, such as using a refillable water bottle or bringing your own coffee cup?					
12.	Are you aware of any local initiatives or programs that promote waste reduction and recycling?					
13.	Do you repair or repurpose items instead of throwing them away when possible?					
14.	Are you conscious of the environmental impact of your electronic waste?					
15.	Have you educated yourself about the proper disposal methods for specific types of waste, such as electronics, batteries, or hazardous materials?					



Questions/statements related to the area						
No.	Question/statement	Always	Often	Rarely	Never	N/A
For organisations						
1.	Does your organization have a policy or practice in place to encourage employees to reduce waste, such as promoting the use of reusable packaging or providing recycling facilities?					
2.	Have you implemented any waste reduction initiatives within your organization, such as paperless offices, electronic document management systems, or efficient resource utilization?					
3.	Does your organization actively participate in recycling programs, ensuring that recyclable materials are separated and disposed of properly?					
4.	Are you aware of any partnerships or collaborations with waste management companies or organizations to ensure proper waste disposal and recycling practices?					
5.	Have you conducted waste audits or assessments to identify areas of improvement and implement strategies for waste reduction and efficient waste management within your organization?					

Self-assessment instruction for individuals

For each answer "always" and "often" you get 1 point.

Number of points: *from 15 to 12 - You are doing great and supporting the sustainable development of our planet - keep going.*

Number of points: *from 11 to 8 - It is noticeable that you are working for the sustainable development of our planet - continue like this and think about what else you could do.*

Number of points: *from 7 to 4 - You take some steps for the sustainable development of the planet, but it would be worth expanding your activities. Think about what changes you could make.*

Number of points: *from 3 to 0 - This is rather the beginning of your path for the sustainable development of our planet. Don't be discouraged and think about what you could do. Even the little things make a big difference if a lot of people do them.*